

Artpreneurs for Change (AfC) - FAQs

Q1) What is AfC?

Artpreneurs for Change (AfC) trains applicants to use art as a therapeutic medium to engage children with disabilities. By training individuals as Art as Therapy Practitioners (ATPs) and working with children with disabilities, the project trains them in tools that allow free expression of thoughts and emotions to the world, through art.

Q2) What are the phases of AfC?

Phase 1: Application and Selection of Art as Therapy Practitioners (ATPs):

Individuals who have applied for the project will be shortlisted and contacted for in-person or telephonic interviews with our team.

Phase 2: Training of Art as Therapy Practitioners:

Once ATPs have been selected, they will be provided training and supervision by art therapy professional(s). An intensive 6 day training for ATPs will be conducted, over a span of 2 weeks, led by renowned and experienced therapists.

Phase 3: Practice Sessions in special education institutes with children with disabilities:

In the third phase ATPs will be placed within special education institutes to work with children with various disabilities such as physical impairments, hearing impairments, intellectual impairments, Down Syndrome and the Autism Spectrum, under the supervision of an art therapy professional. **The implementation phase will span over 8 weeks, where ATPs will have 1 hour sessions once a week with their group of children with disabilities.**

Q3) What is the Duration of Current Round?

March 2018 – May 2018

Q4) What is the Training Cost?

- Rs.25, 000 for new ATPs - Rs.15, 000 for continuing ATPs
- ATPs have the option of availing an installment plan for the training cost.
- Subsidized rates for groups of teachers.

Q5) What is the program schedule?

Phase 2 - Training Sessions		
Orientation Session	Tuesday, 14 th March 2018	5:15pm – 7pm
Training Session #1	Thursday, 15 th March 2018	5:30pm – 8:30pm
Training Session # 2	Friday, 16 th March 2018	5:30pm – 8:30pm
Training Session #3	Saturday, 17 th March 2018	2pm – 8pm
Training Session # 4	Thursday, 22 nd March 2018	5:30pm – 8:30pm
Training Session #5	Friday, 23 rd March 2018	5:30pm – 8:30pm
Training Sessions #6	Saturday, 24 th March 2018	2pm – 8pm

Phase 3 - School Sessions		
8 Weeks – Once a week, One hour per week (End March– Second Week May)	Starting 30 th March 2018 Would be held either on Friday or Saturday. *Dependent on school and ATP.	<u>Time slots:</u> Friday morning, Friday afternoon and Saturday morning *Dependent on school and ATP
Supervision Session # 1	Early -April *Dependent on availability of Art Therapist	5:30pm – 8:30pm (Divided into slots)
Supervision Session # 2	Start- May *Dependent on availability of Art Therapist	5:30pm – 8:30pm (Divided into slots)

Q6) What are supervision sessions?

Supervision sessions are follow ups for the ATPs with the trainer for support and guidance during the practice sessions. Here ATPs can discuss issues faced during the practice sessions and figure out possible solutions with the trainer.

Q7) What will happen after the project?

After the project, you will be certified as an art as therapy practitioner that will assist you and enhance your skill in your chosen field.

Q8) What opportunities will I have after the training?

AfC was developed with the purpose of enhancing the skill set of individuals who have an interest in Art Therapy, to be able use art as a form of expression.

Q9) What career can I approach after the training?

AfC is a certification program that enhances your current skill set and can be applied to various occupations and careers. Some fields that past ATPs have utilized this training in include: Art Education, Art programs for children, Therapy, Education, Special Education, and Speech Therapy

Registration for ATPs: <https://goo.gl/forms/3nYOBLLTc3ruI5o2>

For More Information Contact:

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Trainer Profiles:

Shazia Mohamed:

Shazia Mohamed has a private practice in Karachi and works as an Art Therapist (DTATI, Canada), Clinical Supervisor (CPPD, UK), and body-mind wellness practitioner. She specializes in helping people express themselves through art-making to guide self-discovery, recovery, and healing.

Shazia has worked with children with learning and cognitive difficulties and social & emotional problems since 2007. Her AfC workshops focus on supporting people to use art to help children foster creativity and self-expression and develop cognition and coordination.



Samar Naqvi:

Samar Naqvi is a Fulbright Scholar and a graduate of New York University (NYU), with a Master of Arts in Applied Psychology. She has had work experiences at United Nations, St. Luke's and Roosevelt Hospital's Family and Child Care Division, and the Cooke Center for Learning Disabilities in New York. She also has an international publication with a chapter in APA's Handbook of Multicultural Psychology, 2013 to her credit.

Samar has also been certified by the Counselling and Psychotherapy Central Awarding Body (CPCAB), United Kingdom and has been providing counselling to individuals with social and emotional concerns.

